

spiritualbee

<http://www.spiritualbee.com/>

Discover the Divinity Within You!

- [Home](#)
- [Free Mantras & Bhajans](#)
 -
 -
- [Words of Wisdom](#)
 -
 -
 -
 -
 -
 -
 -
 -
 -
 -
 -
- [Free Books](#)
- [Book Store](#)
- [About](#)
- [Contact](#)
- [SUBSCRIBE](#)

[Launching the WhatsApp Broadcast!](#)



I would like to announce the start of a new venture – The Spiritual Bee WhatsApp Broadcast List. On this list I shall be sharing inspiring thoughts from the Rishis of Vedanta. In addition I shall be sharing links to books, videos and articles. So I invite you [...]

[Continue Reading >>](#)

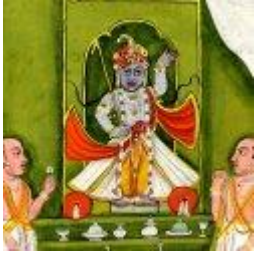
[Do the Bodies of Some Saints Transform Into Flowers After Death? \(VIDEO\)](#)



Did the body of Saint Kabir transform into a heap of roses after death? Did Meerabai actually merge into the idol of Lord Krishna at the time of her Samadhi? This video outlines the rational Vedantic response to these questions, as detailed by the two God-realized sages, Mother [...]

[Continue Reading >>](#)

[What is the Spiritual Significance of Sashtanga Dandavat Pranam? \(VIDEO\)](#)



It is often in India that we see sadhaks offering pranam (salutations) to the Divine by lying prostrate on the floor. This type of pranam is called as Sashtanga Dandavat Pranam. So why do sadhaks offer this type of pranam? What profound spiritual truth are they trying to [...]

[Continue Reading >>](#)

[Should I Meditate After Dinner? | Swami Sivananda \(VIDEO\)](#)



Is it good to meditate at night before going to bed? A disciple once asked the God-realized sage Swami Sivananda (of the Divine Life Society) this question. Enclosed in this video is his answer. FREE Books Referenced in This Video The above video references Swami Sivananda's books May [...]

[Continue Reading >>](#)

[What is Brahma Muhurta? Why is it the Best Time to Meditate? \(VIDEO\)](#)



What is Brahma Muhurta, or Brahma Mahurat as it is alternatively called? Why have the Rishis of Vedanta, laid so much stress on meditating at Brahma Muhurta? In the enclosed video, Swami Sivananda, the God-realized sage who established the Divine Life Society answers this pertinent question that often [...]

[Continue Reading >>](#)

[When a Sincere Person Speaks His Words Destroy Falsehood & Hypocrisy](#)



The following moral story about cultivating the spiritual quality of sincerity (straightforwardness and lack of deceitfulness); has been taken from Mother Mirra's book Words of Long Ago (Free Download). In it Mother narrates an incident from the Ramayana, which acts as a wonderful metaphor for the truth that [...]

[Continue Reading >>](#)

[Take Care of Your Food and Drink, Lest the Mind and Body Become Weak](#)

Moderation is the

**“A Yogi must
but he also
he must not sl**

Through the enclosed story Mother Mirra explains that to be able to live a noble and useful life dedicated in the self-less service of others, one must exercise self-control and eat and drink only that which benefits the mind and body. This advice of the Mother is taken [...]

[Continue Reading >>](#)

Stories From Mother Mirra | Prudence – Dasaratha’s Rashness and Death of Shrivankumar



The following moral story about cultivating the spiritual quality of prudence – of wisdom and foresight, of thinking about the consequences before initiating any action; has been taken from Mother Mirra’s book Words of Long Ago (Free Download). In it Mother narrates an incident from the Ramayana, concerning [...]

[Continue Reading >>](#)

Stories From Mother Mirra | Prudence – Wise Merchant and Grateful Vultures



Mother Mirra the God-realized sage, wrote several stories in her lifetime, to highlight certain key moral qualities that every aspiring sadhak must adopt and incorporate in their behaviour – in their thoughts, words and modes of action. Although Mother wrote these engaging stories with children in view, they [...]

[Continue Reading >>](#)

Contentment Comes Not From Material Possessions, But Living a Noble Life



The enclosed excerpt on Simplicity & Contentment has been taken from Mother Mirra’s book: Words of Long Ago (Volume 2) (Free Download). Saint Francis was an apostle of the Good Life. He did not teach in order to earn money. His life was simple and his greatest joy [...]

[Continue Reading >>](#)

[A Simple Life Is More Desirable Than a Life of Extravagance, Vanity & Show](#)



The enclosed teaching of Mother Mirra, the God-realized sage and spiritual collaborator of Sri Aurobindo, is extremely relevant in today's times when there is a tremendous pressure on the common person to aspire for an extravagant and luxurious lifestyle. Rather than compelling a person to lead a noble [...]

[Continue Reading >>](#)

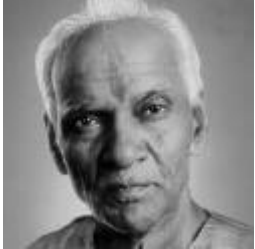
[One Does Not Need to Take Sannyas \(Monkhood\) to Attain God-Realization](#)



There is an age old misconception prevailing in India concerning two groups of people: Sannyasins and householders (those who have married). The misconception centers on how they view each other. Sannyasins, who are monks, who have renounced the world and its material comforts, tend to feel spiritually superior [...]

[Continue Reading >>](#)

[Arise! Do Not Lose Courage and Hope in the Face of Difficulties \(HINDI AUDIO\)](#)



In this second Hindi audio of our "Practical Vedanta series", we visit an inspirational essay published by Pt. Shriram Sharma Acharya in the Akhand Jyoti magazine, in February 1940. This essay was penned by Shri Swami Satyadevji, but the spiritual force behind it was Yugrishi's. For the benefit [...]

[Continue Reading >>](#)

[Be Not Discouraged by Difficulties, Persevere And You Shall Succeed | Vivekananda's Teachings \(VIDEO\)](#)



In the enclosed video we visit Swami Vivekananda's teachings on perseverance, on the importance of possessing patience and an indomitable will, in order to attain to success in the spiritual domain, as well as in the material. Swamiji highlights this truth through a wonderful story found in the [...]

[Continue Reading >>](#)

[Happy in Good Times and Depressed in Bad – This Behaviour is Wrong! \(Hindi AUDIO\)](#)

कठिनाई



Dear Readers, This audio podcast constitutes the first of a new Hindi broadcast series that I am launching on a trial basis. For the next few months, I shall publish a new Hindi audio/video on the 15th of every month. English videos/posts shall continue to be published on [...]

[Continue Reading >>](#)

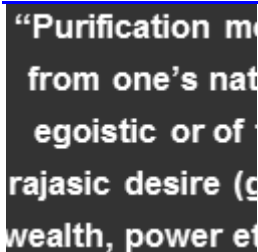
[On the Road to Samadhi Any Yogic Powers That Arise Must Be Shunned | Sri Ramakrishna's Teachings \(VIDEO\)](#)



Sri Ramakrishna's teachings on the perils of exercising occult powers and why he did not use them to cure his throat cancer. This video is a continuation of our "Teachings of Sri Ramakrishna" series. In it we visit Sri Ramakrishna's advice to sadhaks regarding yogic powers. These powers [...]

[Continue Reading >>](#)

[God Does Not Care About Externals – He Sees the Innermost Heart](#)



The following poignant excerpt has been taken from the introduction to the book: A Guide to Spiritual Life: Spiritual Teachings of Swami Brahmananda. It has been authored by Swami Chetanananda of the Ramakrishna Mission. In it is recounted an incident which occurred in the life of Swami Brahmananda, [...]

[Continue Reading >>](#)

[How Swami Vivekananda Outwitted Police in the British Raj \(Story 2\)](#)



Enclosed is the second account of Swami Vivekananda's encounter with police in the British Raj. As we have seen with the first incident; in the days of the British Raj of India, officials of the Raj were extremely distrustful of monks, suspecting them to be hatching conspiracies to [...]

[Continue Reading >>](#)

[How Swami Vivekananda Outwitted Police in the British Raj \(Story 1\)](#)



Under the British rule of India, officers of the Raj, used to look upon sadhus (monks) with extreme distrust, suspecting them to be involved in conspiracies to overthrow the British government. Police officers frequently rounded up sadhus for questioning. Twice, Swami Vivekananda, who had taken the vow of [...]

[Continue Reading >>](#)

[Meditation Advice – Develop Steadfastness \(Nishtha\) To Progress in Life & in Spirituality](#)



Meditation Advice for Beginners – One of the most common difficulties that sadhaks face when they begin to meditate, is that they are unable to bring their mind into focus. Random thoughts keep arising and boredom quickly sets in. Students too face this difficulty when they sit down [...]

[Continue Reading >>](#)

[What is Tapasya? Real Tapasya Is Not In Feats Of Torturing The Body](#)



Whenever the word Tapasya (penance, austerity) comes up, most of us imagine some sort of severe mortification of the body such as not eating food for months, or meditating while standing on one leg, or praying while immersed in a frigid lake. The numerous Amar Chitra Katha pictures [...]

[Continue Reading >>](#)

[All Religions Are True, All Lead to the Same God | Teachings of Sri Ramakrishna \(VIDEO\)](#)



Dear Readers, as I work to finish the Manusmriti video, which is turning out to be a fairly detailed one, I am launching the following series, which I shall fill in with new videos, now and then. The enclosed video is part of a new series on the [...]

[Continue Reading >>](#)

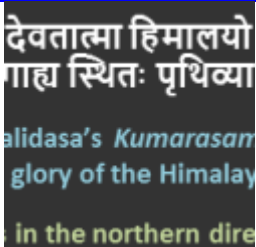
[Choose a God Realized Guru, As Only a Knower of God Can Guide to Samadhi](#)



The following excerpt has been taken from the book Spiritual Teachings of Swami Brahmananda (Free). In it Swami Brahmananda explains the necessity of a God Realized guru for an aspirant pursuing the spiritual path. For those not familiar with Swami Brahmananda – he was a direct disciple of [...]

[Continue Reading >>](#)

[Himalayas – Not Ordinary Mountains, But The Divine Protectors of India](#)



The Himalayas have always been considered in India as mountains ensouled in divinity, where Rishis are constantly immersed in meditation. This fact was brought out in an even more profound way by Swami Vivekananda, when he explained to a 14 year old boy, the opening verse of the [...]

[Continue Reading >>](#)

[Only The Pure In Heart Can Attain To Samadhi | Story of the Endless Pitcher](#)



Purity forms the absolute bedrock of spirituality. Purity of heart comprises frankness, innocence, straightforwardness and absence of all evil thoughts. Only the pure in heart can attain to Samadhi (God-realization). Through his narration of enclosed story, Swami Vivekananda, who had himself attained to Nirvikalpa Samadhi, has tried to [...]

[Continue Reading >>](#)

[Merely Visiting Temples is NOT Religion – When Unholy People Gather, Holiness of Tirtha Vanishes!](#)



Note to Readers: The new video is scheduled to be released by early December. It's topic is: "Why the Manusmriti is subordinate to Vedanta and why many of its injunctions are not valid today". I have chosen to put the earlier promised video on how to find the [...]

[Continue Reading >>](#)

[Religious Fanaticism: Why Followers of Various Religions Quarrel With Each Other](#)



The following story was narrated by Swami Vivekananda in his second lecture at the historic Parliament of Religions, in Chicago in 1893. The ending section of this story has been bolstered with excerpts from Swamiji's first speech before the same Parliament. I will tell you a little story. [...]

[Continue Reading >>](#)

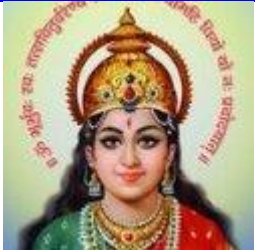
[Beautiful Hindi Bhajans That Infuse the Heart With Divine Love | FREE](#)



Free Mantras & Bhajans || Beautiful Hindi Bhajans Enclosed below is a collection of beautiful Hindi bhajans, whose melodious tunes infuse the heart with devotional fervor and divine love. What makes these bhajans extra-special are their meaningful and thought-provoking lyrics, which inspire sadhaks to hasten the pace of [...]

[Continue Reading >>](#)

[Gayatri Mantra Free Download | Surya Ashtakam | Gayatri Aarti Mp3](#)



Free Mantras & Bhajans || Gayatri Mantra & Surya Ashtakam Enclosed below are several melodious chantings of the Gayatri Mantra, the Surya Mandala Ashtakam (Gayatri Stavan) and a rendition of the Gayatri Aarti. They have been sung by various musical teams of talented devotees from the All World [...]

[Continue Reading >>](#)

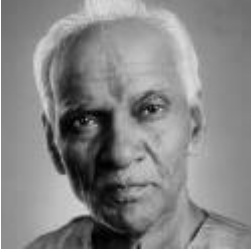
[Disheartened With Your Meditation? Valuable Advice From Sri Aurobindo](#)



Frustrations, delays, doubts and difficulties are a part of every sadhak's (spiritual aspirant's) sadhana. This truth was beautifully underscored, by Shriram Sharma Acharya in his retelling of the story of Madhvacharya (previous post), which resonated with so many Spiritual Bee readers. Therefore in this post, we shall delve [...]

[Continue Reading >>](#)

[Don't Be Sad if Your Meditation or Mantra Japa, Does Not Yield Immediate Results](#)



Have you ever become disheartened with the pace of your sadhana? Have you ever felt that you are making no progress in your mantra japa or meditation? If you have, then the following story is just for you. In it Yugrishi Shriram Sharma Acharya outlines an extremely important [...]

[Continue Reading >>](#)

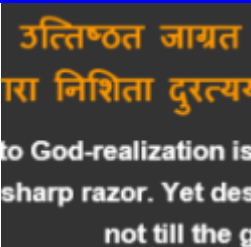
[Can Mantra Chanting Bestow Siddhi \(God-Realization\)?](#)



Portions of the following post have been taken from an article published in the Akhand Jyoti, a magazine of the Gayatri Pariwar, founded by Pandit Shriram Sharma Acharya. In this excerpted conversation Shriram Sharma Acharya explains in a wonderfully simple way, why a mere verbal repetition of mantras [...]

[Continue Reading >>](#)

[The Path of Spirituality is as Difficult as Walking on a Razor's Edge](#)



It is a known fact that whenever a sadhak (spiritual aspirant) begins to walk on the road towards God-realization, he/she is often beset with tremendous challenges. These challenges strike at the sadhak from 2 opposite directions. 1. Outside Challenges The first set of difficulties come from outside – [...]

[Continue Reading >>](#)

[Mother Mirra's Remarkable Cat 'Kiki' Who Used to Fall Into a Kind of Meditative Trance](#)



The following excerpt concerning development of the mind in animals has been collated from 3 books of Mother Mirra, who was the spiritual counterpart of Sri Aurobindo. Both the Mother and Sri Aurobindo were God-realized sages who possessed many spiritual powers – a glimpse of which can be [...]

[Continue Reading >>](#)

[3 Crucial Reasons Why Spiritual Experiences Must Be Kept Secret \(VIDEO\)](#)



The goal of Vedantic spirituality is to lead us to experience the ultimate reality of who we really are – that we are neither the body and nor are we the mind. Instead we are the Atman, the Soul – pure, infinite and eternal, which is an indivisible [...]

[Continue Reading >>](#)

[Always Speak the Truth Because It Takes Us Directly to God-Realization](#)



The Mundaka Upanishad boldly proclaims: Satyameva Jayate – Truth alone Triumphs and not Untruth. This is because only by being truthful with ourselves and with others, can we clear away the scum of the ego-driven imperfections that cloud our mind; and when the mind is thus purified, our [...]

[Continue Reading >>](#)

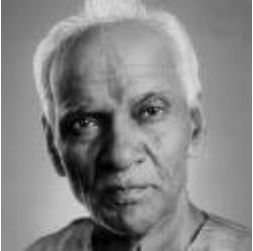
[How Swami Vivekananda Bestowed a Vision of “Lord Krishna” With His Mere Touch](#)



God in Advaita Vedanta has been described as the formless and infinite ocean of Sat-Chit-Ananda consciousness. However this One Infinite Godhead, being the all-powerful creator of the Universe, can take up any form in which, a devotee worships Him with faith. This fact has been revealed by Sri [...]

[Continue Reading >>](#)

[How Shriram Sharma Acharya’s Guru Guided Him Through An Astral Body](#)



Enclosed is a wonderful experience from the life of Shriram Sharma Acharya which demonstrates that a guru need not always be present in the physical body to guide a sincere spiritual aspirant. At the time this incident took place Shriram Sharma Acharya was about 15 years old. In [...]

[Continue Reading >>](#)

[Swami Vivekananda’s Experience of Nirvikalpa Samadhi or Complete Mergence With God](#)



The enclosed dialogue with Swami Vivekananda was recorded by his disciple Sharat, at Belur, in the year 1898. In it Swamiji describes in detail his experience of Nirvikalpa Samadhi or complete mergence with “Brahman” or God – the infinite and self-luminous consciousness. Sharat: Sir, as the fruition of [...]

[Continue Reading >>](#)

[Ramayana Summary | A Concise Retelling by Swami Vivekananda](#)



Foreword to the Summary of the Ramayana The Ramayana is the first of India’s most ancient spiritual epics. It predates even the Mahabharata, which itself is at least 3,500 years old. The Ramayana narrates the life story of Rama and Sita, the two great Incarnations of God. Rama [...]

[Continue Reading >>](#)

[Mahabharata Summary | A Concise Retelling by Swami Vivekananda](#)



The following summary of the Mahabharata was presented by India's great spiritual mind Swami Vivekananda, before an American audience in Pasadena, California in the year 1900. In this engaging narration Swami Vivekananda recounts the entire story of the Mahabharata, the second of India's two great ancient epics (the [...])

[Continue Reading >>](#)

[Mahabharata & Karma | Some Stories Imply Karma "IS" Eye for Eye? Can You Explain? \(VIDEO\)](#)



There are certain stories associated with our ancient epic, the Mahabharata which imply that the Law of Karma is an eye-for-an-eye type of petty justice. These tales although not part of the original Sanskrit Mahabharata written by Sage Vyasa, exist outside it as part of a pervasive folklore [...]

[Continue Reading >>](#)

[Easiest & Best Spiritual Books to Read | Q&A with the Rishis of Vedanta](#)

It is no use
reading books
of guidance
if one is not
determined to

Some of the best spiritual books to read are those which record conversations between the great modern-day Rishis (sages) of Advaita Vedanta and their disciples. These books make for a fascinating read, because the disciples sought answers to many of the perplexing questions of life, which tend to [...]

[Continue Reading >>](#)

[Do Animals Think & Reason? Answers from 2 Great Yogis](#)



The great Rishis (God-realized sages) of India have always enjoyed a very special relationship with animals. The minds of these yogis having expanded and unified with the Universal mind, (which contains all our individual minds within it, like fruits are contained in a bowl) – they could easily [...]

[Continue Reading >>](#)

[Why is Life So Hard and Full of Difficulties?](#)



Why is life so hard and full of difficulties? A sadhak (spiritual aspirant) once asked Swami Shivananda, who was one of the 16 direct monastic disciples of Sri Ramakrishna. Here is the answer Swamiji gave: "Life without struggles is no life at all. If a man has a [...]"

[Continue Reading >>](#)

[Law of Karma is Not Eye-for-Eye | Understanding How Karmic Justice is Dispensed \(VIDEO\)](#)



WATCH EARLIER PART 1 HERE – What is the Law of Karma? In this second video of our Karma series, we take a deep dive to discover 5 profound truths about the law of Karma, which are not commonly understood: The Law of Karma is NOT an eye-for-an-eye [...]

[Continue Reading >>](#)

[What is the Meaning of Karma? What is the Law of Karma? \(VIDEO\)](#)



Launching the New Video Series on Karma! The law of karma is one of the pivotal spiritual truths that underlie the philosophy of Advaita Vedanta, upon whose mighty shoulders the Hindu religion rests. This same law of karma, with some variations, also underlies other great Indian religions of [...]

[Continue Reading >>](#)

[I Can't Meditate, It's Too Noisy Outside! What Shall I Do?](#)



Those of us who reside in India, especially in the big cities, live amidst constant noise. There are cars honking, loudspeakers blaring and dogs barking. So in such noisy surroundings, it is not surprising that many of us find it impossible to meditate. How can one focus their [...]

[Continue Reading >>](#)

[Don't Be Jealous When Others Succeed | Teachings of Swami Vivekananda](#)



A powerful teaching of Swami Vivekananda, on how to progress to a higher spiritual consciousness by cutting out the tumor of jealousy from within us. Swami Vivekananda: "I once read a story about some ships that were caught in a cyclone in the South Sea Islands, and there [...]"

[Continue Reading >>](#)

[Be a Trustee, NOT an Owner of Wealth | Swami Vivekananda's Teaching to John Rockefeller](#)



Swami Vivekananda being a God-realized soul, possessed many yogic powers, one of which was the ability to read into a person's past, present and future. He once described these mind reading powers of his, to a disciple: Swami Vivekananda: "While I was in America I had certain wonderful [...]"

[Continue Reading >>](#)

[Help! I'm Scared of Ghosts | Top 10 Questions About Ghosts Answered \(VIDEO\)](#)



After watching the last 2 videos on the topic of ghosts (see here and here), a few readers got quite frightened and some others emailed me questions about ghosts that they wanted addressed. So in this video I have attempted to answer the bulk of questions about [...]

[Continue Reading >>](#)

[How to Get Peace of Mind? An Answer from the Holy Mother](#)



The following teaching of the Holy Mother, Sarada Ma, has been taken from the book: Spiritual Talks by the First Disciples of Sri Ramakrishna. About the Holy Mother: Sarada Ma was the spiritual counterpart of Sri Ramakrishna and a God-realized yogi just like him. Regarding her spiritual stature, [...]

[Continue Reading >>](#)

[Help Others, But Don't Expect Gratitude in Return | Nishkama Karma of the Gita](#)



Many times when we help others but don't get so much as a thank you in return, we get terribly disappointed. In our mind we start making sweeping generalizations – “This age is not one where you can do good to others. There is no gratitude left in [...]

[Continue Reading >>](#)

[5 Reasons Why Some People Become Ghosts After Death \(VIDEO\)](#)



How do we avoid getting trapped as a ghost after death? In the following video we take a look at some thought-provoking lessons from the Rishis of Vedanta, who detail the correct manner in which we must live life, so as to avoid the “preta yoni” or the [...]

[Continue Reading >>](#)

[Cremation or Burial | Which is Better for the Departed Soul?](#)



It is a well-known fact that Hindus cremate the dead. But what is perhaps lesser known, is that in ancient Vedic times, the Hindu people not only cremated the dead but also buried them. The 10th Mandala (Chapter) of the Rig Veda documents both the customs of burial [...]

[Continue Reading >>](#)

[Did Ancient Rishis Kill Animals For Their Skin?](#)



Whenever we read any Amar Chitra Katha comic or other stories about ancient India, we often come across pictures where the rishis are shown meditating while seated on the skins of animals. So does this imply that the nature loving ancient sages of India, actually killed wild animals? [...]

[Continue Reading >>](#)

[VIDEO – Why Hinduism Champions Vegetarianism as an Aid to Samadhi](#)



One of the defining features of India that sets it apart from all other nations of the world, is that for thousands of years, a large majority of its people have been vegetarian. But why was this so? In this video we examine 2 extraordinary spiritual reasons why [...]

[Continue Reading >>](#)

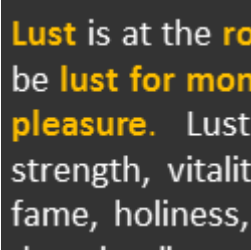
[PHOTOS – Tree Under Which Swami Vivekananda Meditated & More...](#)



12 Memorable Photos from Swami Vivekananda's stay at Ridgely Manor in the United States, including – 1) The tree under which he meditated; 2) The couch he slept on; 3) The table he ate ice cream at & many more... During the years Swami Vivekananda spent teaching Vedanta [...]

[Continue Reading >>](#)

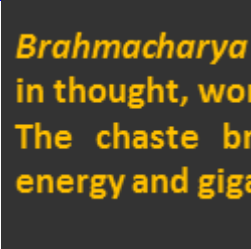
[Is Watching Pornography a Sin? – Hidden Realities About the Porn Industry](#)



Is watching pornography a sin? A young man recently sent me an email with this question, and his question is so pertinent for our times, that I thought I'd expand the answer into a post. So...Is Watching Pornography a Sin? Yes it most certainly is, because this action [...]

[Continue Reading >>](#)

[Power of Brahmacharya | Is Sexual Abstinence Old-Fashioned or the Sensible Thing to Do? \(Part 1\)](#)



These days “unrestrained sex” has become the motto of the Indian media. “Sexual freedom” is being promoted as a mantra on almost all major media platforms ranging from Bollywood movies, to TV serials, to newspapers. All are busy encouraging the youth to break out of tradition, to become [...]

[Continue Reading >>](#)

[Power of Brahmacharya | When Swami Vivekananda Memorized 10 Volumes of an Encyclopaedia \(Part 2\)](#)



READ PART 1 HERE >> Power of Brahmacharya – Is Sexual Abstinence Old-Fashioned or the Sensible Thing to Do? In this post are presented 2 beautiful stories from the life of Swami Vivekananda, which capture his tremendous power of memory attained through the practice of brahmacharya. Story #1 [...]

[Continue Reading >>](#)

[The #1 Secret to a Happy Marriage](#)



The following story has been taken from the Hindi writings of Pandit Shriram Sharma (Vangmay # 50 pages 2.56-2.57). It is presented here in an adapted and translated form. A married youth once approached Saint Kabir with a deeply troubled heart. All was not well with his marriage. [...]

[Continue Reading >>](#)

[Reincarnation | The 1 “Thing” that Accompanies the Soul After Death \(VIDEO\)](#)



We are all familiar with the saying – “Empty handed we are born into this world, and empty handed we shall return.” The process of life and death is such that we cannot take even a grain of sand out of this world, when we depart. However, while [...]

[Continue Reading >>](#)

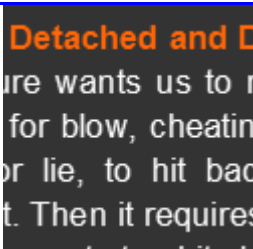
[Part 2: How to Deal With Bullying and Harassment?](#)



In the previous post, we learnt from Swami Vivekananda that the best way to handle insults is to remain detached and to not react. In this way our mind stays established in inner peace and its conserved energies can then be directed towards attaining loftier goals. Now the [...]

[Continue Reading >>](#)

[Part 1: How to Deal With Insults and Slander?](#)



We live in acrimonious times. All around us we see people trying to rise up by pulling another down. Personal success at the expense of the other seems to be the mantra of today. Everywhere we look this saga is being played out. We see it in the [...]

[Continue Reading >>](#)

[How Lord Buddha Suddenly Appeared Before Swami Vivekananda](#)



Lord Buddha was one of the great spiritual ideals of Swami Vivekananda (Swamiji), whom he worshiped with intense love and devotion, just as he did his guru Sri Ramakrishna. “Who was there ever like Him?” he once spoke of Buddha, his whole face aglow with inspiration. “The Lord [...]

[Continue Reading >>](#)

[How Sri Ramakrishna Saw Jesus Merge Into His Body](#)



The life of Sri Ramakrishna stands unique in the history of the world, because of all the God-realized teachers, he alone was the one, who through his intense spiritual practices, actually verified the fact that all religions are true and all ultimately lead to the same ocean of [...]

[Continue Reading >>](#)

[Does God Actually “EAT” the Food Offered? – Significance of Prasad](#)



“Does God actually eat the food offered?” This is a most interesting question, because in every temple in India, it is customary to make a small offering of sweets or other food, as a mark of our devotion and gratefulness towards whichever God or Goddess we are worshiping. [...]

[Continue Reading >>](#)

[The Mysterious Pelting of Stones Which Disturbed Swami Brahmananda](#)



The following 2 incidents have been taken from the life of Swami Brahmananda, one of the 16 monastic disciples of Sri Ramakrishna. Affectionately called as “Maharaj” by others, he was a divine soul, who had attained to the highest state of spiritual realization (Nirvikalpa Samadhi, or complete union [...]

[Continue Reading >>](#)

[The Ghost Tamer Whom Swami Vivekananda Transformed With a Mere Touch](#)



Stories from the Life of Swami Vivekananda – # 2 In the first story of this series, we saw how certain distressed spirits, who had committed suicide, had succeeded in greatly perturbing Swami Vivekananda (Swamiji) by wrongly informing him of his mother’s demise. At the time of occurrence [...]

[Continue Reading >>](#)

[Do Ghosts Exist or is Seeing Ghosts a Sign of Delusion? \(Part 1\)](#)



The goal of this post is to clear the doubts that one of our fellow Spiritual Bee readers was having. After reading the earlier article Conversation with Ghosts, he was wondering whether seeing ghosts is actually a sign of delusion. Could it not be that Swami Vivekananda was [...]

[Continue Reading >>](#)

[Do Ghosts Exist? Swami Vivekananda Answers a Disciple's Query \(Part 2\)](#)



READ PART 1 HERE: Do Ghosts Exist or Is Seeing Ghosts a Sign of Delusion? The following exchange between Swami Vivekananda (Swamiji) and his disciple occurred two or three days after Swamiji returned back to Calcutta from visiting Kashmir in the year 1898. Disciple: "Sir, these ghosts and [...]"

[Continue Reading >>](#)

["Conversation With Ghosts" – Stories from the Life of Swami Vivekananda](#)



The following incident took place in Madras in 1893, just before Swami Vivekananda set sail for his historic journey to America. In those days Swamiji had taken the monastic vow of Agyatvas – during which, he, for a few years, had severed all contact with his family, friends [...]

[Continue Reading >>](#)

[Peace, Quiet and Calm: At the Ramakrishna Math in Mumbai](#)



I live in Mumbai, and though I love the city, sometimes its intense crowds, noisy traffic and even nosier festivals, get to me; and I feel an intense longing for some peace, calm and solitude – to re-center myself, and spend time rejuvenating mentally and spiritually. Now for [...]

[Continue Reading >>](#)

[The Hidden Reason Behind the Early Death of Swami Vivekananda](#)



Swami Vivekananda, one of India's greatest teachers of Vedanta Philosophy, left his physical body on July 4th, 1902. He was just 39 years of age. Many people have wondered – what caused an evolved soul like Swami Vivekananda to die at such a young age? Aren't yogi's able [...]

[Continue Reading >>](#)

[The Consciousness Conundrum Facing Science \(Part 1 of 4\)](#)

untruth, lead me
darkness, lead me
death, lead me
rihadaranyaka

What is consciousness and from where does it originate? How does a Universe composed of unconscious matter give rise to conscious entities such as you and me, capable of thinking, analysing and uncovering its secrets? These questions constitute the consciousness conundrum, which is one of the toughest and [...]

[Continue Reading >>](#)

[The Demise of the “Biblical God of Creation” and the Rise of Mechanistic Science \(Part 2 of 4\)](#)



The Idea that Everything in the Universe, including a Human Being is a Soul-less Machine. As previously mentioned in Part 1, modern science originated in Europe in the 17th century, and ever since that time, the bulk of scientific discoveries have come from pioneering researchers belonging to the [...]

[Continue Reading >>](#)

[Vedanta on God – Universe Arising from Vibrations of Consciousness \(VIDEO – Part 3 of 4\)](#)

Consciousness
thing in existence
It is the energy
movement of
creates the Uni

Now in Part 2 of this series, we have seen that many eminent scientists such as Stephen Hawking have arrived at the conclusion that there is no spiritual agency, such as God or soul, present in the cosmos. And therefore, these scientists have turned to the domain of [...]

[Continue Reading >>](#)

[Does Consciousness Arise from Matter? Do Neurons in the Brain Give Rise to Consciousness? \(Part 4 of 4\)](#)

“Salutations to
which is endless
space, time
consciousness v
by experience of
The Ye

Shortcomings of the Mechanical Model for Consciousness. In the preceding 3 sections, we have seen that many Western scientists have attempted to explain the phenomena of conscious life, by formulating a mechanical model for it. According to this theory, there is no outside source such as the soul [...]

[Continue Reading >>](#)

[The Origins of “Arise! Awake!” – The Thundering Words With Which Swami Vivekananda Woke Up India](#)



Arise! Awake! And Stop Not Till the Goal is Reached! These were the famous words with which Swami Vivekananda roused the sleeping soul of India, more than a 100 years ago. In those days, India was labouring not only under the brunt of foreign colonial occupation, but also [...]

[Continue Reading >>](#)

[FREE BOOK! Wanderings With Swami Vivekananda](#)



Supplement to: The Master As I Saw Him Wanderings with Swami Vivekananda, is a little book, that was formulated out of a series of essays, penned by Sister Nivedita, which first appeared in the Brahnavadin – a publication of the Ramakrishna Mission. The book narrates Sister Nivedita’s journey [...]

[Continue Reading >>](#)

[FREE BOOK! Spiritual Incidents from the Life of Swami Vivekananda](#)



“The Master as I Saw Him” is a wonderful book, famous for its chronicling of intense spiritual experiences from the life of Swami Vivekananda, as noted by his disciple Sister Nivedita. Among the many gripping anecdotes that occur in this book are: Lord Buddha manifesting before Vivekananda, as [...]

[Continue Reading >>](#)

[Why We Must Be Thankful for Difficult Times](#)



Many years ago, I came across a saying in a Chinese fortune cookie: “A smooth sea never made a skillful mariner.” In those days, I was facing some difficult times and so these words bolstered my spirits considerably. Still later, I chanced upon the same wisdom, expressed in [...]

[Continue Reading >>](#)

[How to Increase Your Willpower? The Secret to Succeeding Like Never Before!](#)



The secret to achieving any kind of success lies in an indomitable will. Here by success is not just meant a narrow kind of business or academic success, but a much broader victory over the ills of life itself. For life is a difficult journey. Along the way [...]

[Continue Reading >>](#)

[2-Minute Spirituality – A Prayer to Elevate the Mind and Soul](#)



The goal of prayer is not to reduce ourselves to the position of a beggar, asking God to fulfill our trifling material wants and desires; but it is to elevate the mind and spirit, to build out our inner character and to cultivate an indomitable courage that allows [...]

[Continue Reading >>](#)

[The Incredible Powers of a Himalayan Yogi](#)



The following incident took place in the year 1942, prior to India's independence from the British, when the then king of Kumaon, a Himalayan mountainous region of northern India, invited an army officer of the Western Command, L.P. Farrel for a picnic trip to the hills. The king [...]

[Continue Reading >>](#)

[5 Amazing Photos and Anecdotes from the Life of Swami Vivekananda](#)



Of all the photographs associated with the life of Swami Vivekananda, a few are especially memorable. Presented below is a collection of 5 cherished snapshots, along with some enlightening anecdotes from the life of this great teacher of Vedic spirituality. Swami Vivekananda Makes His Debut at the Parliament [...]

[Continue Reading >>](#)

[Understanding the Many Gods in Hinduism](#)



Why do Hindus worship so many Gods? Is Hinduism a polytheistic religion? Why is the cow sacred? Why is the river Ganges considered so holy? Why is the sun worshiped? These are some of the questions that naturally arise in most people's minds when they look at Hinduism [...]

[Continue Reading >>](#)

[Why Does God Allow Rape and Other Heinous Crimes to be Committed?](#)



If He is so powerful why does He not do something to stop them? The Year 2013 arrived cloaked in grief and despair for India, as the country witnessed a young lady courageously battle, but ultimately lose her life to an act of brutal gang-rape and violence, perpetrated [...]

[Continue Reading >>](#)

[Why is Nature So Beautiful? Why Does It Fill Us With Joy and Peace?](#)



"Form, colour, scent and something else which is indefinable constitute the beauty of flowers." – Sri Aurobindo
Why is nature so beautiful? Why does a short walk amidst nature have such a calming influence on our mind? Why does the sight of flowers, butterflies and rainbows fill our [...]

[Continue Reading >>](#)

[“I Can Never Tell a Lie” – Lesson from the Life of Swami Vivekananda](#)



We live in trying times. These days not just India, but much of the world is battling corruption and moral degradation, which have taken firm root across all levels of society. In such times, the following lesson from the life of Swami Vivekananda is especially pertinent, as it [...]

[Continue Reading >>](#)

[Why Should We Be Good, When Being Selfish Is More Rewarding?](#)



Why be good? In a world where greed, corruption and dishonesty dominate, what will we gain by being good? Why must we do good to others, when being selfish is a whole lot easier and often more rewarding? These questions are immensely pertinent, especially in the times that [...]

[Continue Reading >>](#)

[Which Religion is the Best? My Religion or Yours?](#)



Which religion is the best? For centuries mankind has been quarreling over this question: “My religion is true, yours is false! My God is the only right God, yours is a brute!” “Mine, mine”, is always the cry, never “thine, thine”, Swami Vivekananda once remarked; and so religion [...]

[Continue Reading >>](#)

[Face Your Fears – Boldly Tackle the Dangers and Vicissitudes of Life!](#)



“There is in addition to a courage with which men die; a courage by which men must live.” These are the bold words of John F. Kennedy. And indeed, staying afloat in the turbulent waters of life often requires us, to cultivate courage akin to that of a [...]

[Continue Reading >>](#)

[Why are Temples and Monasteries Built on Cliffs and Mountain Tops?](#)



Growing up in India, I have vivid memories of many a train journeys that my family undertook, to visit relatives who lived in towns all across India. As the train chugged through the countryside one would spot little white temples built on remote hill tops. At other times, [...]

[Continue Reading >>](#)

[What is the Difference between a Human Being and God?](#)



They say that God has made man in his image. So is there anything that differentiates a human being from God? The answer is a surprising one! – Ignorance. Ignorance is what separates man from God. Our souls are already a part of the divine consciousness of God, [...]

[Continue Reading >>](#)

[Beautiful Life Poem – Life is Short, Keep that in Mind and Rejoice](#)



Nothing lasts forever. It is this very fact that lends beauty to life. We treasure our joys and find the strength to lightly bear our sorrows, knowing this great truth. The garden of earth is kept eternally fresh and desirable because death is as much a part of [...]

[Continue Reading >>](#)

[Discover Your True Self – You are Not a Body but a Soul](#)



You are a Soul Infinite, Immortal and Perfect. Nearly 2,500 years ago, the great sages of the Upanishads proclaimed “Know thy own soul, for only then can you know God.” In other words, the path to God lies not through the outer world of matter but through our [...]

[Continue Reading >>](#)

[Believe in Yourself – Arise, Awake from this Hypnotism of Weakness!](#)



Rouse your sleeping soul. The power to achieve all lies within you! Almost the first words that the great Buddha uttered were — “Whatever you think, that you are, whatever you shall think, that you shall be.” That be true, do not teach yourself that you are weak, [...]

[Continue Reading >>](#)

[2-Minute Spirituality – What Can a Child Teach Us About Failure?](#)



When we watch a child take his first unsteady steps in the world, we see his countless failures; his successes are but a few. If we had to limit our observation to a narrow space of time, the sight would be rather cruel. But we find that in [...]

[Continue Reading >>](#)

Page 10 of 11 [« First](#) [...7891011](#) [»](#)

[Do We Have a Soul? Three Powerful Truths that Point to its Existence](#)



There is a great battle raging on, between the practical man of science and the faithful man of religion – the battle over the existence of the soul. Often, this battle rages within our very own selves, and for good reason. Born in this great century of science [...]

[Continue Reading >>](#)

[**2-Minute Spirituality – If You Met God Today, How Would You Introduce Yourself?**](#)



Imagine if you had to go up and introduce yourself to God – how would you describe yourself? Would you say “God I am the person who works as a vice president in a big corporation, I drive an expensive car, I have a beautiful house on the [...]

[Continue Reading >>](#)

[**Spiritual Courage – The Boldness which Believes in the Truth and Dares to Practice It**](#)



If you wish to change the world, cultivate the boldness that does not quake, that does not budge one inch from the path of truth! There are two sorts of courage. One is the physical kind – the courage to jump into the mouth of danger. Tigers and [...]

[Continue Reading >>](#)

[**Who is God? The Surprising Answer Behind the Origin of the Universe**](#)



Who is God? – It will perhaps come as a surprise to many, that the goal of both science and spirituality is to reveal the answer to this very question! For to ask the question “Who is God” is to seek the answers to our very origins: “How [...]

[Continue Reading >>](#)

[**Why Has Science Not Found God?**](#)



Science has not found God, because so far it has not looked in the right place. Modern physics, which deals with the study of the Universe, has for the most part, limited itself to analyzing inanimate matter and has completely omitted the study of life forces — of [...]

[Continue Reading >>](#)

[**What is Spirituality? Profound Truths Behind Our Existence Revealed!**](#)



Great is the tenacity with which we cling to life, to love, to beauty and youth, to power and wealth; yet there comes a time in all our lives, when we realize that none of this is for real, that everything that we see in the material Universe [...]

[Continue Reading >>](#)

[**Powerful Motivational Words that Renew Your Spirit and Bring Solace during Life's Difficult Stretches**](#)



It is a great truth, that in our journey across the waters of life, from the shores of birth to the shores of death, we have all to sail through many a turbulent storms and navigate through many a difficult passages. During such times, when life bogs us [...]

[Continue Reading >>](#)

Page 11 of 11 [« First](#) [...7891011](#)